



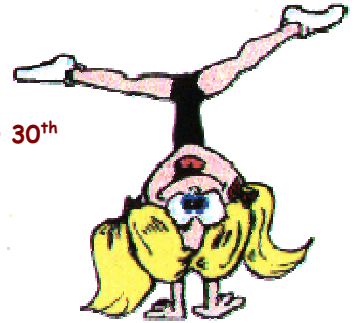
HEAT ATHLETIC CENTER

www.heatcheer.com

FLEXIBILITY CLASSES

Winter Session: Nov 22nd - Feb 20th

No Classes: Thursday, December 24th - Wednesday, December 30th



Athletes will definitely benefit from our Flexibility Class which will help with their jumps, tumbling, and overall performance.

Available to children at all levels!

Due to the importance of flexibility involved in our sport; we do recommend that flyers sign up for our Flexibility Class.

Day/Time: Sunday: 2:00 – 2:30pm
Saturday: 9:30 – 10:00am

Cost: \$84 per session - Once a week
Classes must have a minimum of 6 participants to run.
Registration & payment required prior to first class.

Location: HEAT Athletic Center – W248 N5250 Executive Dr. #100, Sussex, WI 53089 (Hwy 164 and Hwy K)
(see website for map and details)

Questions? info@heatcheer.com

To Register Send form below with check payable to:

By Mail: HEAT Athletic Center – see address above

Online/Fax: Go to www.heatcheer.com to pay with credit or debit card via Google Checkout. Then print this form and fax to: (866) 214-3279.

****Both payment and registration form must be received in order to secure spot in class.**

Fall Flexibility Class Day: _____ **Time:** _____

Name: _____ **Age:** _____

Address: _____ **City:** _____ **State:** _____ **Zip:** _____

Parent: _____ **Phones:** _____

Email: _____

Liability Waiver and Indemnity Agreement:

As conditions of the participation of the student described above ("my child") in any of the programs conducted by HEAT Cheer including but not limited to tumbling, gymnastics, cheerleading, whether conducted on or off the premises of HEAT Cheer, I agree to the following:

1. I waive any claim for bodily injury, personal injury or property damage against HEAT Cheer, its directors, employees, agents and insurers (collectively, "HEAT Cheer"), and any owners or lessors of the premises and any equipment used in connection with any programs of HEAT Cheer, arising out of our child's participation in any of the programs of HEAT Cheer whether on or off HEAT Cheer premises, or travel for the purpose of participating in any such programs or events.
2. I understand that this waiver extends to injuries incurred by any member of my family, including my child identified above, any other family member, or myself.
3. This agreement shall remain in effect as long as and whenever our child participates in any activity at or with HEAT Cheer.
4. If this agreement is not effective to waive liability on behalf of our child, any other family member, or ourselves we further agree to indemnify HEAT Cheer for its liability including all costs, fees, and expenses incurred by HEAT Cheer in connection with such liability.

Authorization of Medical Care:

In case of illness or injury, if I cannot be reached, I authorize and desire medical care of my child at the discretion of the attending physician. I accept responsibility for all associated expenses.

Parent Signature: _____ **Date:** _____

No Refunds for classes missed or dropping out of class. Credit will be issued for another class with a Doctor's note if student will miss 3 or more classes.