



HEAT All Stars Newsletter

August 17th 2009

Open gym

OUR LAST OPEN GYM WILL BE:
FRIDAY, AUGUST 28TH
BRING YOUR NEIGHBORS, FRIENDS, AND
FAMILY!!! Members \$5 / Guests \$7

CHOREOGRAPHY

We have updated the August Calendar to reflect the choreography dates and times. It is available to view on our website and is also attached in an email.
<http://www.heatcheer.com/calendars.htm>

FALL PRACTICE TIMES **UPDATED!!!!**

Our Fall schedule will begin on Sunday, Aug. 23rd

FIRESTORM: Wed. 6-9pm / Sun. 1-4pm

WILDFIRE: Wed. 6-9pm / Sun. 11-2pm

INFERNO: Thurs. 6:45-8:45pm / Sat. 11-1:30pm

BLAZE: Thurs. 7-8:45pm / Sun. 4-6pm

FLAMES: Thurs. 6-7:30pm / Sun. 3:30-5pm

EMBERS: Sat. 11-12pm

SIZZLERS: Sat. 10-12pm

SEPTEMBER CALENDAR

The September calendar is now available to view on our website:
<http://www.heatcheer.com/calendars.htm>

FALL TUMBLING REGISTRATION

You **MUST** register for the upcoming fall session tumbling and flexibility classes by **AUGUST 19th!!!!** At that point we will be **cancelling classes** that do not have enough participants to run! If you do not register on time, you may be turned away from some classes due to cancellation or being full.

Final note: Monday, Level 4, 6-7pm is FULL! We have room in all other classes

REGISTER TODAY!

LABOR DAY WEEKEND

We will have tumbling and Sizzlers Class on Saturday Sept 5th.

There will be **NO TUMBLING** on Sunday, Sept. 6th & Monday, Sept 7th.

There will be **NO PRACTICES** for All Star teams on Sat, Sept. 5th & Sunday, Sept 6th.

