



HEAT All Star Newsletter

January 2010

NEW TUMBLING SESSION

The spring tumbling session begins Feb 21st.
Registration forms are available online and at the gym.
Sign up today to guarantee your spot!!!

If you are an All-Star team member and would like to carry over the same day and time as last session (*if it is still offered and available*), PLEASE send us an email or fill out and return the registration form. No one is automatically carried over into the new session.

If you are not an All-Star team member, a registration form with payment is required to hold a spot in class.

UPCOMING COMPETITION SCHEDULE:

EMBERS:

February 28th Cheersport – University of Illinois, Chicago
March 20th & 21st Kalahari Nationals – Wisconsin Dells

FLAMES & BLAZE:

February 6th Exhibition – Kettle Moraine Lutheran HS
February 28th Cheersport – University of Illinois, Chicago
March 20th & 21st Kalahari Nationals – Wisconsin Dells

WILDFIRE:

February 28th Cheersport – University of Illinois, Chicago
March 11th – 15th UCA Nationals – Disneyworld, FL
March 20th & 21st Kalahari Nationals – Wisconsin Dells

FIRESTORM:

February 18th – 21st UPA – Minneapolis, MN
February 26th – 28th COA – Columbus, OH
March 7th GLCC – Chicago, IL
March 20th & 21st GLCC – Detroit, MI
April 24th & 25th Cheerleading Worlds. Disneyworld. FL

TRYOUT REGISTRATION FORMS ARE NOW AVAILABLE!

The tryout fee is \$25, which will be credited to your team registration fee. Tryout registration form and payment is due by **March 18th**.

EARLY REGISTRATION: You will receive a free T-shirt **ONLY** if your registration form and payment is received by March 1st!

Tryout Clinics:

Small Group Tryouts:

March 26 (Friday)

5:00-6:30 pm - Ages 6-11
7:00-9:00 pm - Ages 12-18

March 28 (Sunday)

3:00-4:00 pm - Ages 6-11
4:00-5:00 pm - Ages 12-18

March 27 (Saturday)

11am-12:30 pm - Ages 6-11
1:00-3:00 pm - Ages 12-18

March 30 (Tuesday)

6:00-7:00 pm - Ages 6-11
7:00-8:00 pm - Ages 12-18

During the clinics, participants will sign up for a 20 minute time slot for official try-out time.

*****It is not mandatory to attend both sessions for your age group, but it is recommended*****

BRING A FRIEND TO HEAT DAY

On March 24th & 25th we invite team members to bring a friend to practice. Please make sure your friend brings a completed and signed waiver and turns it into the office.

Waivers are available online or at the gym!

We can't wait to meet your friends!

GOOD LUCK

FLAMES, BLAZE, & WILDFIRE AT STATE COMPETITION ON JANUARY 23RD