



HEAT All Stars Newsletter

May 2009

UNIFORM SALE

Parents: bring your gently used uniforms on Sat. May 9th from 10am – 11am to sell or exchange with other HEAT members.

If you are new to HEAT and are looking to purchase a used uniform, this is an excellent opportunity for your daughter to try on uniforms before purchase.

- All payments shall be made from buyer to seller directly.
- HEAT will not be held responsible for these transactions.
- Checks should NOT be made out to HEAT.
- Heat will not be responsible for items left at the table unattended.

COMPETITION SCHEDULE

We are working on our competition schedules for the 2009/10 season. We expect to have this completed and available to you by mid-May.

CONFERENCE HIGHLIGHTS

Once again, some of our coaches attended the US All Star Federation National Coaches Conference. We updated our credentialing in all areas – stunting, baskets, and tumbling. Many other great sessions were attended which were lead by the top names in cheer and tumbling in the country.

SUMMER PRACTICE & TUMBLING START DATES

Summer Tumbling begins the week of May 24th. That same week we will be switching our team practice schedules to our summer schedule.

If you have not turned in a Summer Tumbling form, please do so as our classes are filling up quickly.

If you have any questions regarding team practices, days off, holidays, etc please refer to www.heatcheer.com> Teams>All Stars>Calendars

PARKING

Just a reminder that HEAT parking is available in front of our section of the building only! If these spaces are filled, there are more spots available on the side and in the back.

CHOREOGRAPHERS ARE COMING

Logan, our choreographer from Dallas, is returning to HEAT to do team choreography June 11 – 14. Also, this year we have John, a choreographer based in Austin, coming Aug. 25 – 27. We will email schedules of days and times with both choreographers soon. In the meantime, be sure to keep these dates open.

COMMUNICATION

All communication is done via email. We email all announcements, information on new classes, account statements and bills, etc. Please let us know of any changes to your email address so that we can update our system.

NOTE: Contact with coaches MUST be done via HEAT email or HEAT phone. Please respect the coaches' personal privacy and family time and do not contact them on their personal phones or emails.

If you send an email to the gym, please type **ATTN: coach's name** in the subject line. We will print it out and deliver the message to the coach the next time they are at the gym.
Email: info@heatcheer.com Phone: 262-264-0693

FLEXIBILITY CLASS

Due to the importance of flexibility surrounding our sport we are recommending that flyers especially need a separate flexibility session. All athletes can also benefit from this class which will help with jumps, tumbling, and overall performance.

Registration forms are available on our website and at the gym. The Flexibility Classes will begin on May 24th held on your choice of Tuesday or Thursday evening.

HOT TO CHEER CAMP

HEAT Summer Camp: June 22nd – 26th

Flyer and registration forms are now available at the gym or on our website!!!

Choose either full days or mornings only.

Registration forms are due by Monday, June 8th